



Benola

A Cerebral Palsy Initiative

Changing the Face of Cerebral Palsy in Africa!

2024 Calendar

OUR VISION:

An inclusive Africa in which those living with Cerebral Palsy get proper recognition and are given equal opportunity to fully develop and exploit their potentials.

OUR MISSION:

To become the lead supportive agency on Cerebral Palsy in Africa and a leading advocate for the rights of those living with limitations.

ADDRESS: Suites 18/19/20,

Praise Plaza, Ajah-Ado Road,

Lekki - Lagos, Nigeria.

Tel: +2348170973349

Email: info@benola.org

Website: www.benola.org



This beautiful piece of Olaoluwa Gbadebo, The Non-verbal and fully dependent Face of Benola is by his Eldest brother, Timi aka @radraart

JANUARY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

OTHER EVENTS

- > Thursdays – CP Thursday WhatsApp Meeting for CP Parents.
- > Last Saturday of the Month – Hangout with the Boss with CP Parents.



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OUR ACCOUNT DETAILS:

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ACCOUNT NUMBERS: Fidelity Bank – 5600002929

First Bank – 2032068801 GTBank - 0161705841

CP THURSDAY MONTHLY STAR GUEST HOST

FEBRUARY



KATHERINE NWAKA

MARCH



MR AKINTAJU ABIODUN

APRIL



MRS BUKOLA OLANIYI

MAY



MRS WEMIMO AKINWUNMI

JUNE



MR CHARLES ASHAOLU

JULY



BUSAYO OMIDIRE

AUGUST



OLAWUNMI E. YAKUBU

SEPTEMBER



FATIMA MUHAMMAD

OCTOBER



AMMADIKKO NENSON

This is our Anniversary Month and a perfect time to celebrate the Star Hosts of
Benola's WhatsApp Weekly Chat - CP THURSDAY

FEBRUARY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	27	28		

BENOLA'S 11TH ANNIVERSARY

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We are proud to celebrate American Cerebral Palsy Awareness Month with these two Awesome CP Advocates:

Adebola Adejobi, 2nd year student of Bio-Chemical Engineering, Bell University Ota Ogun State and

Oluwabusola Claudia Akinsola, Banker, holder of an MA International Economics and Trade, London Metropolitan University (2010)

MARCH 2024

SUN	MON	TUE	WED	THU	FRI	SAT
3	4	5	6	7	1	2
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	AMERICAN CEREBRAL PALSY AWARNESS DAY		26	27	28	29
31	OTHER EVENTS > Thursdays - CP Thursday WhatsApp Meeting for CP Parents. > Last Saturday of the Month - Hangout with the Boss with CP Parents.					



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CP Parents at the 2023 Easter Physical Edition of Hangout with the Benola Boss

APRIL 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

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Team Benola (CP Families) at the Launch of a Trishaw project jointly organised by African Cycling Foundation and Benola Cerebral Palsy Initiative to Mark 2023 World Bicycle Day

MAY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27 CHILDREN'S DAY	28	29	30	31	

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The 14th day of this month is Benola Day and the 28th Birthday of Olaoluwa Gbadebo,
the Non-Verbal and Fully Dependent Face of BENOLA.

JUNE 2024

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5 DEMOCRACY DAY	6	7	8
9	10	11	12 DEMOCRACY DAY	13	14 12TH BENOLA DAY & OLAOLUWA'S 28TH BIRTHDAY CELEBRATIONS	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30 OTHER EVENTS -> Thursdays - CP Thursday WhatsApp Meeting for CP Parents. -> Last Saturday of the Month - Hangout with the Boss with CP Parents.						



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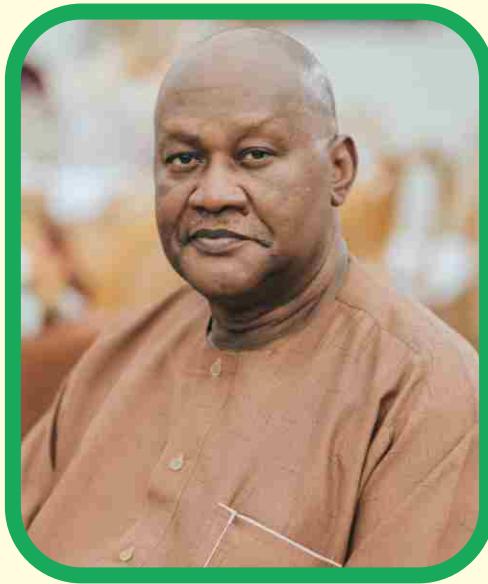
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HANGOUT WITH THE BOSS

MARCH

THEME:
LESSONS FROM
10 YEARS OF MANAGING
AN INITIATIVE ON
CEREBRAL PALSY
25TH MARCH 2023



APRIL

THEME:
TURNING OUR LEMON
TO LEMONADE
15TH APRIL 2023

JULY

THEME:
CEREBRAL PALSY:
THE HEALING POWER
IN OUR SORY
29TH JULY 2023

OCTOBER

THEME:
BENOLA @ WORLD CP DAY:
10 YEARS & COUNTING
6TH OCTOBER 2023

AVM FEMI GBADEBO (Rtd) OFR

Founder/CEO
Benola Cerebral Palsy Initiatives

Hangout with the Boss, is Benola's monthly Zoom Session aimed at addressing issues raised by CP parents on Benola's CP WhatsApp Group

JULY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
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Team Benola (Our Founders, Staff and Volunteers) are the livewire of every Benola Event!

AUGUST 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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#Stepping4CP!®

CEREBRAL PALSY awareness
2021 STAR STEPPERS



Olawale Waheed
LAGOS (129.69KM)



Prof Afolabi Lesi
(Highest Fund Raiser)
LAGOS (40KM)



Seke Odojukan
LONDON UK (111.5KM)



AVM Femi Gbadebo (Rtd) OFR
LAGOS (84.44KM)



Titi Tade
LAGOS STATE (76.7KM)



David Etim
Calabar, Cross River (60KM)

To the Glory of God, our Fourth Attempt at #stepping4CP

(1st - 30th September 2023) was a huge success!

SEPTEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1 #STEPLING4CP 5TH EDITION	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 #STEPLING4CP 5TH EDITION	OTHER EVENTS -> Thursdays - CP Thursday WhatsApp Meeting for CP Parents. -> Last Saturday of the Month - Hangout with the Boss with CP Parents.				



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For the second year in a row, Team Benola marked World CP Day 2023
with a well attended Zumba Session.

OCTOBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
		1 INDEPENDENCE DAY	2	3		
6 WORLD CP DAY	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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Still in the mood of World CP Day, please let's keep reflecting on the, 'Millions of Reason'!

NOVEMBER 2024

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10	11	12	13	14	15	16
17	18	19	20	21	22	23
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There is no better time to Reach Out, Touch Lives and Add Value, than Christmas Season

DECEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 INTERNATIONAL DAY OF PERSONS WITH DISABILITY	4	5	6	7
8	9	10	11	12	13	14 BENOLA'S CP CHRISTMAS ACTIVITIES
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	OTHER EVENTS -> Thursdays - CP Thursday WhatsApp Meeting for CP Parents. -> Last Saturday of the Month - Hangout with the Boss with CP Parents.			



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